

Mood Cards

This set of printable **"Mood Cards"** was designed and produced by the participants of **"MARKERS"**, an international training course implemented in Estonia during the period 29th January-7th February, 2020.

The project, funded by the Erasmus+ Programme and supported by the Estonian National Agency Noorteagentuur, aimed to improve youth workers/leaders' ability to support the ideation process of young people by using visual thinking and visual facilitation tools.

Over a period of eight days, participants from Estonia, Norway, Slovakia, Malta, Romania, Portugal, Spain, Sweden and Poland gathered tools and knowledge to better support the development of ideas with and by young people in their daily work and engage them in local initiatives of their organizations.

One of the suggested uses for these "Mood Cards" can be **supporting the reflection and/or self-exploration process in various contexts and with various target groups**, but we leave it open for the users to discover many more ways to use them!

With this resource we hope to contribute to the toolbox of educators, youth workers and/or youth leaders who are interested in using different visualization methods with their target groups wherever they are.



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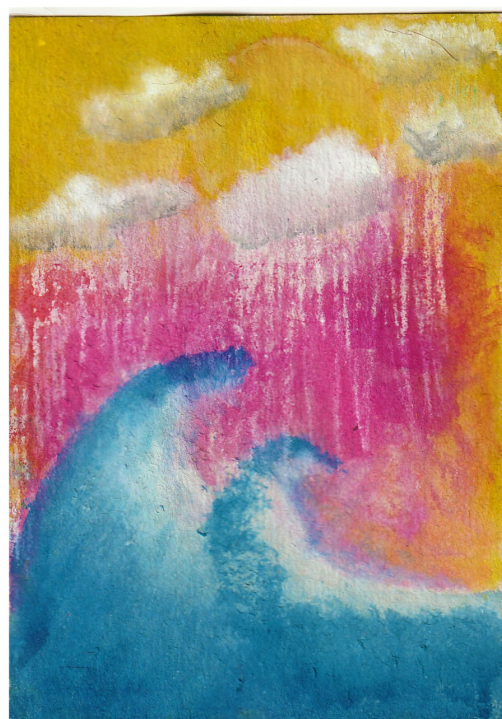
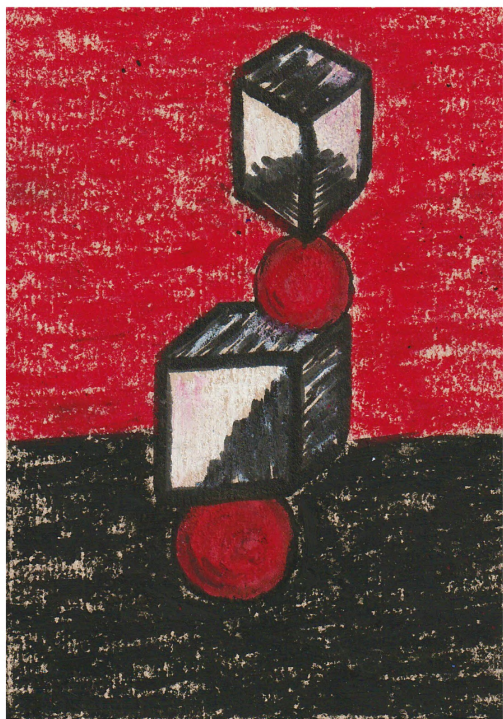
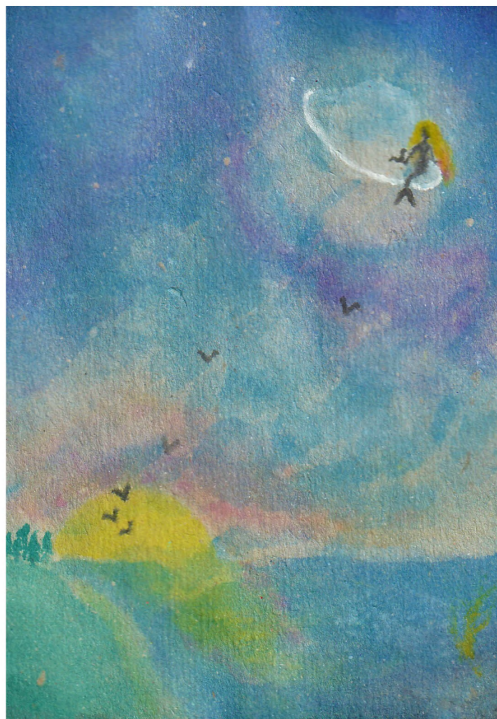


Co-funded by the
Erasmus+ Programme
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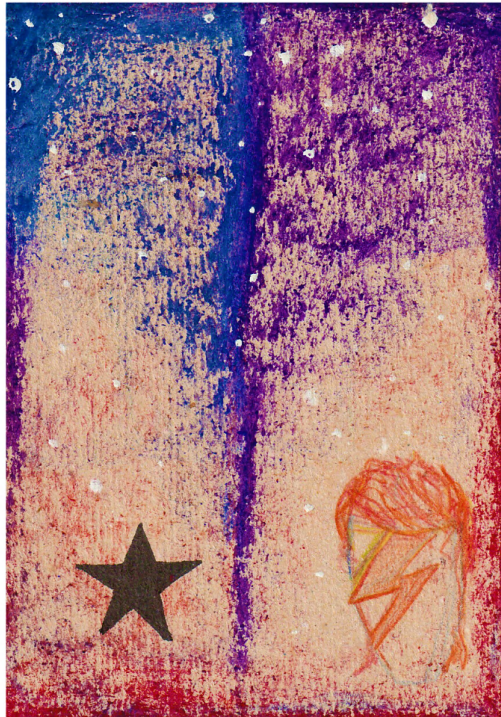
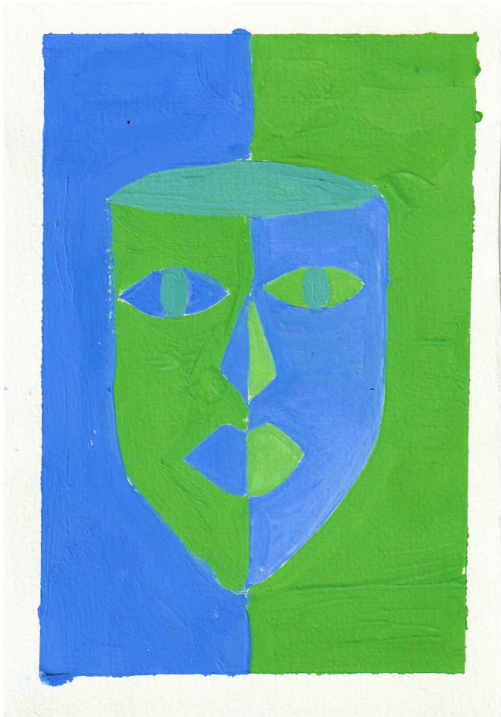
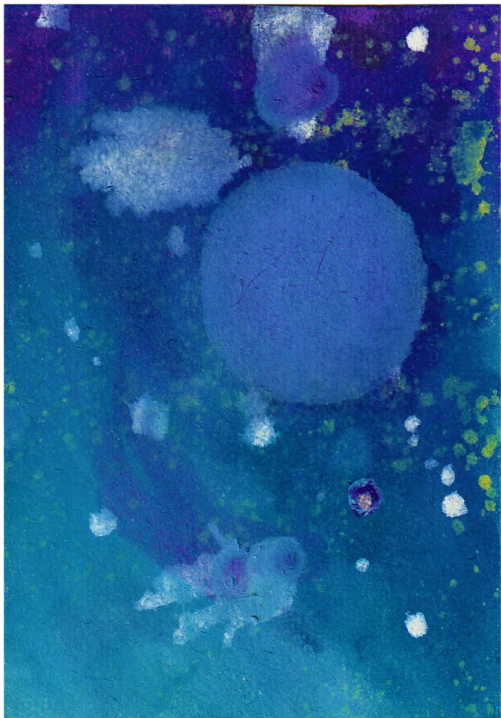


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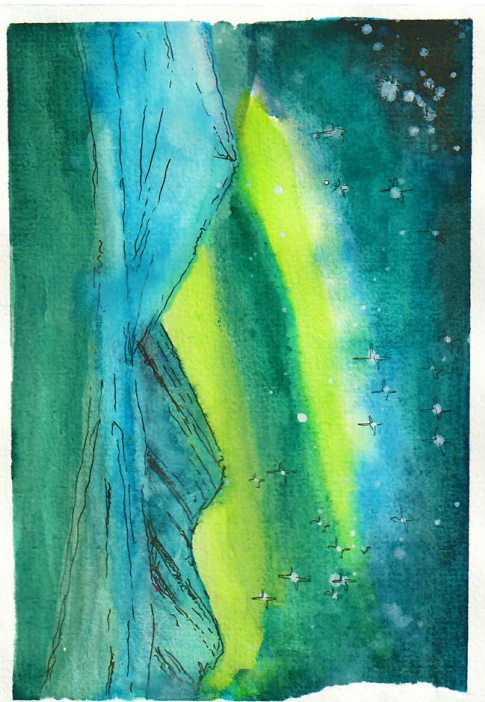
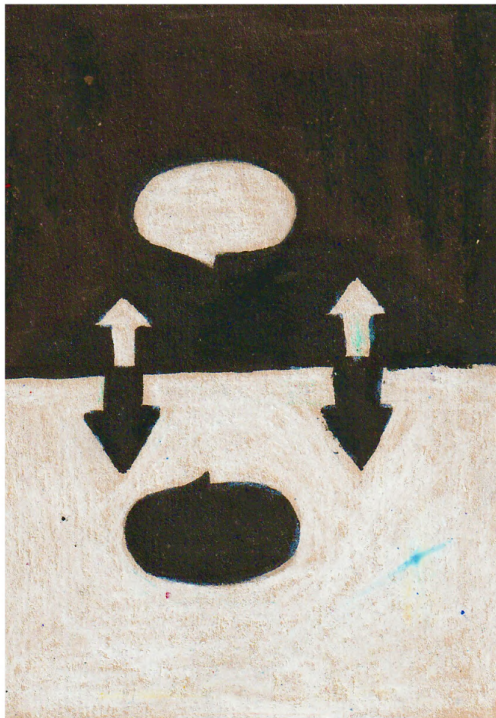


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